RELEASE AND WAIVER OF LIABILITY AGREEMENT

I,ack	nowledge that I have voluntarily requested to participate in the
following activities:	
City of Albany Department of Recreation	on's 1609 Fitness Challenge from June 16 th to August 23 rd .
PHYSICALLY INJURED OR EVEN THIS ACTIVITY WITH KNOWLEI	TY MAY BE HAZARDOUS AND THAT I COULD BE KILLED. I AM VOLUNTARILY PARTICIPATING IN DGE OF THE DANGER INVOLVED, AND AGREE TO F BODILY INJURY, DEATH OR PROPERTY DAMAGE, NOWN OR UNKNOWN.
I verify this statement by placing my parent or Guardian's initials (if unde	
I forever release the City of Albany, a agents, contractors, and representative or demands that I, my assignees, heir representatives now have, or may have to (i) my participation in the activity of acts, whether directly connected to the	the City of Albany to participate in the activity referenced above, and their respective directors, officers, employees, volunteers, wes (collectively "Releasees") from any and all actions, claims, s, distributees, guardians, next of kin, spouse and legal we in the future, for injury, death, or property damage, related described above, (ii) the negligence or other is activity or not, and however caused, by any Releasee, or (iii) his activity will occur, whether or not I am then participating
• • •	distributees, guardians, next of kin, spouse and legal gainst, sue, or attach the property of any Releasee in connection foregoing release.
CONTENTS. I AM AWARE THAT	AGREEMENT AND FULLY UNDERSTAND ITS THIS IS A RELEASE OF LIABILITY AND A CONTRACT TY OF ALBANY AND SIGN IT OF MY OWN FREE WILL.
	erify that the dangers of this activity and the significance of ed to the Participant and that the Participant understood
Executed on (insert date)	
PARTICIPANT/RELEASOR	PARENT OR GUARDIAN
(Signature)	(Signature)
(Print Name)	(Print Name)
(Address)	(Address)

IF YOU ARE UNDER 18 YEARS OF AGE, YOU AND YOUR PARENT OR GUARDIAN MUST SIGN AND INITIAL THIS FORM WHERE INDICATED.